

SAINT ALPHONSUS

COUGH ETIQUETTE



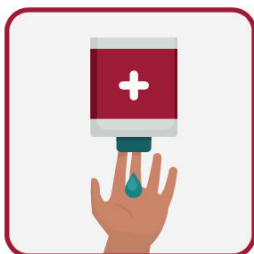
The following measures are recommended to reduce the spread of germs:



- Cover your mouth and nose with a tissue when coughing or sneezing.



- Use the nearest garbage can to dispose of the tissue after use.



- Perform hand hygiene (e.g., hand washing with soap and water, alcohol-based hand rub, or antiseptic handwash) after coughing or sneezing.

Content source: Centers for Disease Control and Prevention, National Center for Immunization and Respiratory Diseases (NCIRD)

Have a non-emergent COVID-19 question? Call the COVID-19 Employer Hotline at (208) 302-7600.

Our calling is you.



Saint Alphonus

A Member of Trinity Health